

# ROUTE DESCRIPTION



## 5K Walk for Mental Health

Sunday October 18<sup>th</sup>, 2020

**Start Time – 9:20am**

- Starts on corner of Grafton St & Queen St in front of COWS Ice Cream
- Straight on Grafton St
- Right on West St
- Left on Kent St
- Continue straight on park road around Victoria park
- Continue straight on Queen Elizabeth Dr
- Right on Viceroy Avenue
- Left on Goodwill Avenue
- Right on Crestwood Drive
- Left on Goodwill
- Left on Brighton Road
- Continue on Euston Street
- Right on Great George Street
- Continue on Great George Street to Finish