

ROUTE DESCRIPTION



5K Walk for Mental Health

Sunday October 14th, 2018

Start Time – 9:20am

- Starts at corner of Grafton St and Queen St in front of the Confederation Centre
- Right on West St
- Left on Kent St
- Continue straight on park road around Victoria park
- Continue straight on Queen Elizabeth Dr
- Right on Viceroy Avenue
- Left on Goodwill Avenue
- Right on Crestwood Drive
- Left on Goodwill
- Left on Brighton Road
- Continue on Euston Street
- Right on Great George Street
- Continue on Great George Street to Finish